

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026

SOPA

Performance List - Track Afternoon

Event 96 Girls 12 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:00 PM

NSWCIS: 12.92 2022		Rhema Adelaja, St George Christian		Seed Time
Name	Age	Team		
1	Beheiry, Eva	12	Bishop Druitt-NCIS	
2	Brown, Mia	12	Meriden-IGSA	
3	Curr, Rose	12	The Armidale School-NCIS	
4	Eddy, Sophie	12	Moama_AG-RAS	
5	Gusuivalu, Aseri	12	Dubbo_CS-CSSA	
6	Harmer, Chloe	12	The Armidale School-NCIS	
7	Henrici, Emmeline	12	Cranbrook-ISA	
8	Hunter, Ella	12	Kinross Wolaroi-AICES	
9	Johnstone, Sarah	12	Scots_Albury-RAS	
10	Kebe, Hawa	12	Riverina_AC-RAS	
11	Lee, Lacey	12	St Peters_AC-Broulee Aices	
12	Liu, Chloe	12	Arden_AS-AICES	
13	Porter, Mia	12	Belmont-CSSA	
14	Rice, Emma	12	Cranbrook-ISA	
15	Serafin, Stasia	12	Sceggs Darl-IGSA	
16	Shih, Nicole	12	Abbotsleigh-IGSA	
17	Smith, Eva	12	Nowra_AC-AICES	
18	Youhanna, Olivia	12	Mamre_Anglican_School-CSSA	

Event 97 Girls 13 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:00 PM

NSWCIS: 12.46 2022		Matilda Harrison, Pymble Ladies College		
	Name	Age	Team	Seed Time
1	Akushie, Angel	13	Tyndale_CS-CSSA	
2	Dunnet, Genevieve	13	Oxford Falls_GS-CSSA	
3	Durand, Emmanuelle	13	Central Coast Grammar-ISA	
4	Ezekwe, Ayiraluchukwu	13	Trinity_Albury-RAS	
5	Goggin, Annabelle	13	Clarence Valley-NCIS	
6	Haw, Cleo	13	Moama_AG-RAS	
7	Hooper, Lara	13	Kinross Wolaroi-AICES	
8	Leung, Ava	13	The_Illawarra_GS-AICES	
9	Norwood, Hannah	13	Macquarie Ags-Aices	
10	Patten, Ebony	13	Moama_AG-RAS	
11	Popovic, Alina	13	Inaburra-CSSA	
12	Pun, Chloe	13	M L C School-IGSA	
13	Roderick, Camilla	13	Barker College-ISA	
14	Rose, Zara	13	Emmanuel Anglican-NCIS	
15	Ryder, Emily	13	Calrossy_AS-AICES	
16	Sutton, Evangeline	13	Bishop Druitt-NCIS	
17	van Uden, Kristyna	13	P L C Sydney-IGSA	
18	Wong, Abigail	13	St Catherines-IGSA	

Event 98 Girls 14 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:00 PM

NSWCIS: 12.11 19/09/2023		Maya Taber, Wenona		Seed Time
Name	Age	Team		
1	Bailey, Lexie	14	Barker College-ISA	
2	Barnes, Elara	14	St Phillips_CC_PS-AICES	
3	Clifton, Sophie	14	Scots_Albury-RAS	
4	Couchman, Mackenzie	14	Covenant-CSSA	
5	Day, Kirrawai	14	Moama_AG-RAS	
6	de Grosbois, Tiara	14	Emmanuel Anglican-NCIS	

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Event 98 ... (Girls 14 Year Olds 100 Metre Run)

	Name	Age	Team	Seed Time
7	Dengate, Amelia	14	Barker College-ISA	
8	Hamilton, Annabelle	14	Queenwood-IGSA	
9	Humphreys, Winter	14	Lindisfarne Anglican-NCIS	
10	Immisch, Ayva	14	Lindisfarne Anglican-NCIS	
11	Lobb, Remi	14	IllawarraCS-CSSA	
12	Moore, Charlotte	14	St Catherines-IGSA	
13	Nkem, Praise	14	Macarthur AS - Cssa	
14	Passalis, Katie	14	St Spyridon College-ISA	
15	Perry, Emily	14	The_Illawarra_GS-AICES	
16	Richards, Zara	14	P L C Sydney-IGSA	
17	Smith, Peyton	14	Heritage_Lake_Mac-AICES	

Event 99 Girls 15 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:00 PM

NSWCIS: 12.06 24/09/2024

Matilda Harrison, PYM1

	Name	Age	Team	Seed Time
1	Campbell, Charlotte	15	Belmont-CSSA	
2	Chukwudi, Divine	15	Thomas Hassall_AC_-AICES	
3	Croft, Isla	15	Charlton-CSSA	
4	Downward, Quinn	15	Moama_AG-RAS	
5	Georgeopoulos, Kiara	15	Ascham School-IGSA	
6	Haley, Ellen	15	Bishop Druitt-NCIS	
7	Heslop, Audrey	15	Newcastle_GS--AICES	
8	Meers, Alina	15	Kambala-IGSA	
9	Page, Lillian	15	St Pauls Grammar-ISA	
10	Pigram, Neva	15	St Phillips_CC_N_AICES	
11	Seneviratne, Amalia	15	Barker College-ISA	
12	Stegbauer, Grace	15	Shire_CS-CSSA	
13	Williams, Chloe	15	St Pauls Grammar-ISA	
14	Wood, Mia	15	Danebank-IGSA	

Event 100 Girls 16 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:00 PM

NSWCIS: 11.99 2006

Olivia Tauro, Meriden

	Name	Age	Team	Seed Time
1	Afonso, Emily	16	Barker College-ISA	
2	Anderson, Nikoletta	16	Trinity_Albury-RAS	
3	Henwood, Jessica	16	Northern_Beaches_CS-CSSA	
4	Howarth, Sophie	16	IllawarraCS-CSSA	
5	Johnston, Jade	16	St Catherines-IGSA	
6	McEachern, Lucy	16	St Pauls_WW-RAS	
7	Mennie, Paige	16	Scone_GS-AICES	
8	Paki, Summer	16	Arndell_AC-AICES	
9	Russell, Avie	16	Pymble Ladies-IGSA	
10	Siasat, Ginger	16	Abbotsleigh-IGSA	
11	Tai, Madeleine (Maddi)	16	Orange_AGS-AICES	
12	Tomlinson, Pearl	16	Carinya_Tamworth_CSSA	
13	Watson, Sabella	16	Oxley College-ISA	
14	Young, Tessa	16	Barker College-ISA	

Event 101 Girls 17 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:00 PM

NSWCIS: 11.83 2022

Olivia Inkster, Pymble Ladies College

	Name	Age	Team	Seed Time
1	Achike, Olivia	17	Meriden-IGSA	

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026**SOPA****Performance List - Track Afternoon****Event 101 ... (Girls 17 Year Olds 100 Metre Run)**

	Name	Age	Team	Seed Time
2	Archer, Katie	17	Charlton-CSSA	
3	Atkinson, Ava	17	Redlands-ISA	
4	Baker, Gabriella	17	Oakhill College-ISA	
5	Carlson, Keira	17	Central Coast_SC-AICES	
6	Chen, Sophie	17	Barker College-ISA	
7	Cowper, Flynn	17	Rouse_Hill_AC-AICES	
8	Denley, Emma	17	The_Illawarra_GS-AICES	
9	Hancock, Grace	17	Clarence Valley-NCIS	
10	Henderson, Elliana	17	Toongabbie_CS-CSSA	
11	Hundle, Amber	17	Bishop Druitt-NCIS	
12	McCreery, Siara	17	St Vincents-IGSA	
13	Petelo, Rihanna	17	Richard_Johnson_AS-CSSA	

Event 102 Girls 18-19 100 Metre Run**Tuesday 22/09/2026 - 12:00 PM****NSWCIS: 11.96 2009****Larissa Pasternatsky, Abbotsleigh**

	Name	Age	Team	Seed Time
1	Cheung, Mandy	18	IllawarraCS-CSSA	
2	Deane, Marlee	18	Oakhill College-ISA	
3	Dukes, Mabel	18	St Pauls Grammar-ISA	
4	Gordon, Tarni	18	St Phillips-CC-G-AICES	
5	Jurd, Milla	18	Orange_AGS-AICES	
6	Nicholas, Zara	18	Blue Mtns Grammar-ISA	
7	Robinson, Hannah	18	Casino_CS-CSSA	
8	Sargent, Anna	18	Wycliffe_CS-CSSA	

Event 103 Girls 12-19 100 Metre Run Multi Class Ambulatory**Tuesday 22/09/2026 - 12:00 PM****12-15 NSWCIS: 20.09 2008****Samantha Hawes T35 (101.04%), Northern Beaches CS****16-19 NSWCIS: 15.28 2009****Georgia Beikoff T37 (97.84%), St Philips Newcastle**

	Name	Age	Team	Seed Time
1	Cannone (Tf35), Navilia	13	St Phillips_CC_N_AICES	
2	Eichler (T21, F21), Olivia	18	St Columba-_AS-AICES	
3	Espie (Tf34), Coco	18	Sceegs Darl-IGSA	
4	Lim (ii-3), Marianne	17	P L C Sydney-IGSA	
5	McMahon Willott ii-3, Bella	13	Clarence Valley-NCIS	
6	Peet (T36 F36), Abbie	18	Calrossy_AS-AICES	
7	Reeves Tf37, Jade	15	Belmont-CSSA	
8	Skipworth Tf20, Bella	14	Parkes_CS-CSSA	
9	Vitale (T20), Everleigh	13	Danebank-IGSA	
10	Webb Tf42, Alisha	16	Northern_Beaches_CS-CSSA	
11	Youssef (Tf41), Meray	16	William Carey_CS-CSSA	

Event 112 Boys 12-19 100 Metre Run Multi Class Ambulatory**Tuesday 22/09/2026 - 12:30 PM****12-15 NSWCIS: 16.20 2013****Robert Stott T36 (93.95%), Central Coast GS****16-19 NSWCIS: 12.71 2013****Blake Bailey T20 (93.71%), St Philips Newcastle**

	Name	Age	Team	Seed Time
1	Chinaka Tf20, Jaeden	15	Arise CS - Cssa	
2	Evans (Tf13), Alexander	17	Arden_AS-AICES	
3	Kasprzak (Tf37), Hugo	14	Hills Grammar-AICES	
4	McGrath Tf21, Alex	18	Dubbo_CS-CSSA	
5	Regmi (Tf38), Aadit	14	Leppington-CSSA	
6	Russell T/F41, Hugo	17	St Augustines College-ISA	
7	Sakey ii-3, Baxter	19	IllawarraCS-CSSA	

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026

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Event 112 ... (Boys 12-19 100 Metre Run Multi Class Ambulatory)

	Name	Age	Team	Seed Time
8	Skipworth Tf20, Lucas	14	Parkes_CS-CSSA	
9	Woodfull (T36), Lachlan	19	Bishop_Tyrrell_AC-AICES	

Event 113 Boys 12 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:30 PM

NSWCIS: 12.04 2013 James Roach, Newington College

	Name	Age	Team	Seed Time
1	Chidamba, Ryan	12	Macarthur_AS-AICES	
2	Crowley, Tadhg	12	St Pius X College-ISA	
3	Daraphet, Lucas	12	Mt Annan_CC-CSSA	
4	Dean, Byron	12	Lindisfarne Anglican-NCIS	
5	Fernando, Chaneesha (Chani)	12	Riverina_AC-RAS	
6	Gulczynski, Archie	12	Oakhill College-ISA	
7	Kallon, Tehron	12	William Carey_CS-CSSA	
8	Low, Travis	12	St Pius X College-ISA	
9	Lu, William	12	Reddam House North Shore-AICES	
10	Lubke, Simeon	12	St Pauls_WW-RAS	
11	Nicholson, Lequintin	12	St Lukes_GS-AICES	
12	Ward, Brodie	12	Bishop Druitt-NCIS	
13	Watson, Zac	12	Wycliffe_CS-CSSA	

Event 114 Boys 13 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:30 PM

NSWCIS: 11.77 19/09/2023 Ashton Foley, Charlton CS

	Name	Age	Team	Seed Time
1	Abraham, Aaron	13	William Carey_CS-CSSA	
2	Balkin, Arthur	13	St Pauls Grammar-ISA	
3	Davies, Izayah	13	Belmont-CSSA	
4	Flood, Henley	13	Calrossy_AS-AICES	
5	Ghali, Felix	13	St Andrews Cathedral-ISA	
6	Lucknauth, Dhrish	13	Reddam House North Shore-AICES	
7	Phillips, Dylan	13	St Pauls_WW-RAS	
8	Roth, Julius	13	Trinity_Albury-RAS	
9	Russo, Nate	13	Central Coast Grammar-ISA	
10	Valena, Isaac	13	William Clarke-AICES	
11	Wienholt, Xavier	13	Norwest_CC-CSSA	

Event 115 Boys 14 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:30 PM

NSWCIS: 11.34 2017 Godfrey Okenyang, Riverina Anglican

	Name	Age	Team	Seed Time
1	Abkin, Jake	14	Moriah College-AICES	
2	Beard, Sid	14	Lindisfarne Anglican-NCIS	
3	Burn, Daniel	14	Scots_Albury-RAS	
4	Chappidi, Sujai Reddy	14	Rouse_Hill_AC-AICES	
5	Eason, Xavier	14	Oakhill College-ISA	
6	Jones, Harri	14	Tweed Valley AdventistC_NCIS	
7	Levack, Oscar	14	Richmond_CC-CSSA	
8	Morris, Owen	14	Penrith_AC-AICES	
9	Skinner, Josiah	14	Wycliffe_CS-CSSA	
10	Smith, Harrison	14	Oxley College-ISA	
11	Sutherland, Finn	14	St Pius X College-ISA	
12	Veltri, Kymani	14	Shearwater Mullumbumby-NCIS	
13	Way, Fletcher	14	St Pauls_WW-RAS	
14	Zhang, Jamie	14	Toongabbie_CS-CSSA	

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Event 116 Boys 15 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:30 PM

NSWCIS: 10.93 24/09/2024		Epeosi Ugbomhe, PEN2			
Name	Age	Team	Seed Time		
1	Attalh, Alexander	15 Moama_AG-RAS			
2	Bailey, Zac	15 Calrossy_AS-AICES			
3	Banda, Sibusiso	15 Blue Hills-NCIS			
4	Darlow, Oscar	15 St M MacKillop_Albury-RAS			
5	Hammond, Timothy	15 Penrith_AC-AICES			
6	Hanrahan, Oliver	15 St Stanislaus College-ISA			
7	Hoover, Quade	15 St Phillips-CC_C--AICES			
8	Kandic, Milan	15 St Spyridon College-ISA			
9	Mellor, Kai	15 Clarence Valley-NCIS			
10	Mikan, James	15 St Pius X College-ISA			
11	Moffatt, Damon	15 Oxford Falls_GS-CSSA			
12	Pringle, Tyler	15 Northern_Beaches_CS-CSSA			
13	Struwig, Dither	15 Scots_Albury-RAS			
14	Varnie, Nathaniel	15 Tyndale_CS-CSSA			
15	Wakil, Noah	15 Lindisfarne Anglican-NCIS			

Event 117 Boys 16 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:30 PM

NSWCIS: 10.83 24/09/2024		Cooper Wilson, CAS4			
Name	Age	Team	Seed Time		
1	Breust, Josh	16 Scots_Albury-RAS			
2	Chambers, Jamaar	16 Tyndale_CS-CSSA			
3	Glanville, Harvey	16 Pittwater House-AICES			
4	Kearney, Kye	16 St Augustines College-ISA			
5	Ndonga-Empesa, Diego	16 Redeemer_BS-AICES			
6	Phiyasirikul, Henry	16 Wycliffe_CS-CSSA			
7	Smith, Robert	16 Redlands-ISA			
8	Speechly, Joshua	16 St Phillips-CC_C--AICES			
9	Vlahos, William	16 St George_CS-CSSA			
10	Wigham, Harry	16 Oakhill College-ISA			

Event 118 Boys 17 Year Olds 100 Metre Run

Tuesday 22/09/2026 - 12:30 PM

NSWCIS: 10.51 2012		Joshua Clarke, The Kings School			
Name	Age	Team	Seed Time		
1	Benoliel, Daniel	17 Redlands-ISA			
2	Bisgrove, Fletcher	17 Lindisfarne Anglican-NCIS			
3	Chriss, Ethan	17 St Lukes_GS-AICES			
4	Daniels, Malik	17 William Carey_CS-CSSA			
5	Harada, Christian	17 St Patricks College-ISA			
6	Laurence, Nathan	17 Rouse_Hill_AC-AICES			
7	Miewski, Xavier	17 St Patricks College-ISA			
8	Morgan, George	17 Lindisfarne Anglican-NCIS			
9	Noonan, William	17 Newcastle_GS--AICES			
10	Proudford, Jack	17 Pacific Hills_CS-CSSA			
11	Ugbomhe, Epeosi	17 Penrith_CS-CSSA			

Event 119 Boys 18-19 100 Metre Run

Tuesday 22/09/2026 - 12:30 PM

NSWCIS: 10.78 2016		Carl Coorey-Ewings, Trinity Grammar			
Name	Age	Team	Seed Time		
1	Agbola, Senyo	18 St Phillips_CC_N_AICES			
2	Eldridge, Ethan	18 Lindisfarne Anglican-NCIS			

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Event 119 ... (Boys 18-19 100 Metre Run)

	Name	Age	Team	Seed Time
3	Gibson, Cody	18	Maitland_CS-CSSA	
4	Hart, Hugo	18	St Pius X College-ISA	
5	Hasanonvic, Alen	18	Amity College-AICES	
6	MacDonald, Aston	18	Oxley College-ISA	
7	Masters, Jesse	18	Green_Point_CC-CSSA	
8	Mowbray, Oliver	18	Central Coast Grammar-ISA	
9	Philp, Ben	18	St Lukes_GS-AICES	
10	Schneider, Lucas	18	Maitland_CS-CSSA	

Event 129 Girls 12 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:00 PM

NSWCIS: 4:54.35 2016

Montana Monk, Bishop Tyrrell AC

	Name	Age	Team	Seed Time
1	Andric, Milica	12	St Spyridon College-ISA	
2	Bailey, Madeline	12	Redlands-ISA	
3	Bechara, Jiselle	12	P L C Sydney-IGSA	
4	Crosby, Brooke	12	Calrossy_AS-AICES	
5	Eddy, Sophie	12	Moama_AG-RAS	
6	Felix, Azzuri	12	Kincoppal Rose Bay-IGSA	
7	Hathurusinghe, Yenuli	12	Riverina_AC-RAS	
8	Hosking, Ava	12	Wycliffe_CS-CSSA	
9	Hudson, Lily	12	Oran Park-CSSA	
10	Maddocks, Chelsea	12	Tyndale_CS-CSSA	
11	McIntosh, Georgia	12	Moama_AG-RAS	
12	Sharratt, Abigail	12	The_Illawarra_GS-AICES	
13	Shirley, Luca	12	St Phillips-CC_C--AICES	
14	Swinton, Holly	12	Chevalier College-ISA	
15	Vale, Evelyn	12	Abbotsleigh-IGSA	

Event 130 Girls 13 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:00 PM

NSWCIS: 4:40.97 2016

Nicola Hogg, Abbotsleigh

	Name	Age	Team	Seed Time
1	Anasis, Eva	13	Inaburra-CSSA	
2	Calavrias, Arianna	13	Georges River Grammar-AICES	
3	Daly, Alexis	13	Meriden-IGSA	
4	Godfrey, Claire	13	Central Coast_SC-AICES	
5	Immisch, Summer	13	Lindisfarne Anglican-NCIS	
6	Jordan, Zoe	13	Ravenswood-IGSA	
7	Leigh, Daisy	13	Cranbrook-ISA	
8	Martin, Cassia	13	St Pauls Grammar-ISA	
9	Singh, Asha	13	Redlands-ISA	
10	Walker, Chianne	13	Oxford Falls_GS-CSSA	
11	Wegener, Anna	13	Hills_Adventist_C-AICES	

Event 131 Girls 14 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:00 PM

NSWCIS: 4:28.71 2015

Abbey Rockliff, Pymble Ladies College

	Name	Age	Team	Seed Time
1	Bertoldi, Lara	14	Green_Point_CC-CSSA	
2	Boulton, Olivia	14	Kambala-IGSA	
3	Burnett, Maddie	14	Barker College-ISA	
4	Cash, Zoe	14	Inaburra-CSSA	
5	Corbett, Jasmine	14	The_Illawarra_GS-AICES	
6	Eddy, Katelyn	14	Moama_AG-RAS	

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026

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Event 131 ... (Girls 14 Year Olds 1500 Metre Run)

	Name	Age	Team	Seed Time
7	Halim, Emily	14	St Catherines-IGSA	
8	Halpin, Willow	14	Northern_Beaches_CS-CSSA	
9	Huang, Chantelle	14	Barker College-ISA	
10	Prime, Savannah	14	Rouse_Hill_AC-AICES	
11	Quick, Isabella	14	Central Coast_SC-AICES	
12	Salter, Portia	14	Kincoppal Rose Bay-IGSA	
13	Stone, Laura	14	Moama_AG-RAS	
14	Temple, Ashley	14	Barker College-ISA	
15	Ward, Madeleine	14	Bishop Druitt-NCIS	
16	Wilson, Lucy	14	Trinity_Albury-RAS	

Event 132 Girls 15 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:00 PM

NSWCIS: 4:25.92 2015

Catherine Miller, Pymble Ladies College

	Name	Age	Team	Seed Time
1	Blatch, Abby	15	Manning Valley_AC-AICES	
2	Bugg, Jacqueline	15	Ascham School-IGSA	
3	Eddy, Matilda	15	Moama_AG-RAS	
4	Gladstone, Lucy	15	Kincoppal Rose Bay-IGSA	
5	Grose, Minnie Mae	15	Oran Park-CSSA	
6	Haywood, Isla	15	Central Coast_SC-AICES	
7	Martin, Adalie	15	St Pauls Grammar-ISA	
8	Marwaha, Jiya	15	Green_Point_CC-CSSA	
9	McDoanld, Niamh	15	Redlands-ISA	
10	Olsen, Jessica	15	IllawarraCS-CSSA	
11	Potocki, Ivy	15	Snowy Mtns Grammar-ISA	
12	Squires, Sophia	15	Queenwood-IGSA	
13	Tague, Alexis	15	St Lukes_GS-AICES	

Event 133 Girls 16 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:00 PM

NSWCIS: 4:37.74 2004

Lara Tamsett, Kincoppal Rose Bay

	Name	Age	Team	Seed Time
1	Burgum, Violet	16	Belmont-CSSA	
2	Cameron, Ruby	16	Northern_Beaches_CS-CSSA	
3	Hussein, Hannah	16	William Clarke-AICES	
4	Jurd, Lucy	16	Orange_AGS-AICES	
5	Keogh, Pema	16	St Peters_AC-Broulee Aices	
6	Kim, Ivy	16	Barker College-ISA	
7	Lawton, Eliza	16	Pymble Ladies-IGSA	
8	Napier, Skye	16	Kinross Wolaroi-AICES	
9	Rose, April	16	Ravenswood-IGSA	
10	Soper, Abigail	16	Northern_Beaches_CS-CSSA	
11	Starritt, Alexandra	16	Moama_AG-RAS	
12	Sweeny, Piper	16	Kambala-IGSA	
13	Tallentire, Lucy	16	Scots All Saints College	

Event 134 Girls 17 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:00 PM

NSWCIS: 4:39.21 2012

Anna Laman, MLC School

	Name	Age	Team	Seed Time
1	Bennett, Lillian	17	Mountains Cc_cssa	
2	Brockbank, Eden	17	Coffs Harbour_CCS-CSSA	
3	Cox, Siena	17	Avondale-AICES	
4	Ford, Ava	17	Redlands-ISA	

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026

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Event 134 ... (Girls 17 Year Olds 1500 Metre Run)

	Name	Age	Team	Seed Time
5	Ford, Grace	17	Redlands-ISA	
6	Hughes, Amelia	17	Wyong_CCS-CSSA	
7	Loring, Jessica	17	William Clarke-AICES	
8	Meaker, Julia	17	Meriden-IGSA	
9	Mowbray, Eva	17	Central Coast Grammar-ISA	
10	Toohey, Keira	17	P L C Sydney-IGSA	

Event 135 Girls 18-19 1500 Metre Run

Tuesday 22/09/2026 - 1:00 PM

NSWCIS: 4:37.22 24/09/2024 Jessie Fotheringham, CYT2

	Name	Age	Team	Seed Time
1	Cohen, Matilda	18	Central Coast_AS-AICES	
2	Dukes, Mabel	18	St Pauls Grammar-ISA	
3	Hinckman, Alice	18	Frensham-IGSA	
4	McLaren, Emily	18	Nowra_CS-CSSA	
5	Pritchard, Rain	18	New Eng Girls School-IGSA	
6	Robinson, Hannah	18	Casino_CS-CSSA	
7	Siau, Olivia	18	Tangara-AICES	
8	Timms, Amy	18	Pacific Hills_CS-CSSA	
9	Whetters, Stephanie	18	St Andrews Cathedral-ISA	

Event 143 Boys 12 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:50 PM

NSWCIS: 4:27.86 24/09/2024 Isaac Robinson, SAU6

	Name	Age	Team	Seed Time
1	Castro, Reinaldo	12	St Phillips-CC-G-AICES	
2	Chetcuti, Liam	12	Chevalier College-ISA	
3	Dhakal, Saarvin	12	Broughton_AC-AICES	
4	Lubke, Simeon	12	St Pauls_WW-RAS	
5	Naccarella, Marcus	12	Inaburra-CSSA	
6	O'Dowd, Ryan	12	Oran Park-CSSA	
7	Smith, Dylan	12	The_Anglican_S_Googong-AICES	
8	Unwin, Dominic	12	Mt Annan_CC-CSSA	

Event 144 Boys 13 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:50 PM

NSWCIS: 4:22.54 24/09/2024 Cristiano Calcarao, SPX6

	Name	Age	Team	Seed Time
1	Brignell, Rowan	13	Chevalier College-ISA	
2	Dowsley, Spencer	13	Scots_Albury-RAS	
3	Fletcher, Zane	13	Manning Valley_AC-AICES	
4	Gately, Thomas	13	Orange_CS-CSSA	
5	Jordan, Harrison	13	Bishop Druitt-NCIS	
6	Karbon, Jalen	13	Rouse_Hill_AC-AICES	
7	Kite, Thomas	13	IllawarraCS-CSSA	
8	Leahy, Alistair	13	Scots_Albury-RAS	
9	Lenahan, Nicholas	13	Scots All Saints College	
10	Napier, Tim	13	Kinross Wolaroi-AICES	
11	Prettyman, Matthew	13	Toongabbie_CS-CSSA	
12	Thirlwall, Kai	13	Nowra_AC-AICES	

Event 145 Boys 14 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:50 PM

NSWCIS: 4:12.93 2016 Angus Beer, Newington

	Name	Age	Team	Seed Time
1	Gleeson, Lucas	14	Trinity_Albury-RAS	

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Performance List - Track Afternoon

Event 145 ... (Boys 14 Year Olds 1500 Metre Run)

	Name	Age	Team	Seed Time
2	Halfhide, Oliver	14	Wahroonga_Adventist_CSSA	
3	Jones, Levi	14	Norwest_CC-CSSA	
4	O'Connell, Finlay	14	Wycliffe_CS-CSSA	
5	Saunders, Harry	14	Moama_AG-RAS	
6	Scott, Jeremy	14	Calrossy_AS-AICES	
7	Shedden, Euan	14	Oxley College-ISA	
8	Shorter, Hamish	14	Central Coast Grammar-ISA	
9	Vale, Tasman	14	St Augustines College-ISA	
10	Wawrzonek, Hugo	14	Macquarie College-AICES	
11	West, Zachary	14	St Phillips-CC_C--AICES	

Event 146 Boys 15 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:50 PM

NSWCIS: 4:05.72 2015

Lorcan Redmond, Newcastle Grammar School

	Name	Age	Team	Seed Time
1	Alford, Joshua	15	Toongabbie_CS-CSSA	
2	Doree, James	15	Redlands-ISA	
3	Evans, Bailey	15	Trinity_Albury-RAS	
4	Everitt, Asher	15	Nowra_AC-AICES	
5	Hoddinett, Luke	15	Oakhill College-ISA	
6	Lewis, Nathan	15	Avondale-AICES	
7	Pye, Aiden	15	Wahroonga_Adventist_CSSA	
8	Rice, Tom	15	Central Coast Grammar-ISA	
9	Wegener, Isaac	15	Hills_Adventist_C-AICES	

Event 147 Boys 16 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:50 PM

NSWCIS: 4:06.64 19/09/2023

Isaac Beecroft, Oakhill College

	Name	Age	Team	Seed Time
1	Baxter, Tom	16	Scots_Albury-RAS	
2	Freer, Joshua	16	Redlands-ISA	
3	Hosking, Logan	16	Australian_CC-MarsdenPk-CSSA	
4	Jenkins, Archie	16	Macquarie College-AICES	
5	Khanna, Arya	16	Wahroonga_Adventist_CSSA	
6	Lorentz, Logan	16	Central Coast_AS-AICES	
7	Robinson, Liam	16	St Augustines College-ISA	
8	Shedden, Rory	16	Oxley College-ISA	
9	Vonk, Samuel	16	Shellharbour_AC-CSSA	

Event 148 Boys 17 Year Olds 1500 Metre Run

Tuesday 22/09/2026 - 1:50 PM

NSWCIS: 4:10.56 2016

Luke Schofield, Sydney Boys HS

	Name	Age	Team	Seed Time
1	Bregozzo, Max	17	Pittwater House-AICES	
2	Campbell, Elijah	17	Hunter Valley Grammar-AICES	
3	Donges, Ethan	17	Scots All Saints College	
4	Duke, Matthew	17	Dubbo_CS-CSSA	
5	Eason, Alexander	17	Oakhill College-ISA	
6	Green, Zacary	17	Oakhill College-ISA	
7	Johnson, Manning	17	Pacific Hills_CS-CSSA	
8	Low, Jude	17	Inaburra-CSSA	
9	Mitchell, Michael	17	The_Illawarra_GS-AICES	
10	Reardon, Charlie	17	Moama_AG-RAS	
11	Saunderson, Taz	17	Emmanuel Anglican-NCIS	

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Event 149 Boys 18-19 1500 Metre Run

Tuesday 22/09/2026 - 1:50 PM

NSWCIS: 4:00.24 2014		Charlie Hunter, Central Coast Grammar		Seed Time
Name	Age	Team		
1	Howieson, Oliver	18	Pittwater House-AICES	
2	Mackie, Ethan	18	St Pauls Grammar-ISA	
3	Smithson, Samuel	18	Rouse_Hill_AC-AICES	
4	Vanags, Wil	18	Norwest_CC-CSSA	
5	Yanez Marcichal, Daniel	18	Redfield Coll-AICES	

Event 157 Girls 12 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 2:30 PM

NSWCIS: 1:01.40 2022		Adelaide Pittis, Orange Grammar School		Seed Time
Name	Age	Team		
1	Abel, Chelsea	12	Scots All Saints College	
2	Bailey, Madeline	12	Redlands-ISA	
3	Bazouni, Bridgette	12	Tangara-AICES	
4	Beheiry, Eva	12	Bishop Druitt-NCIS	
5	Brown, Mia	12	Meriden-IGSA	
6	Curr, Rose	12	The Armidale School-NCIS	
7	Eddy, Sophie	12	Moama_AG-RAS	
8	Han, Josephine	12	Pymble Ladies-IGSA	
9	Hunter, Ella	12	Kinross Wolaroi-AICES	
10	Johnstone, Sarah	12	Scots_Albury-RAS	
11	Kebe, Hawa	12	Riverina_AC-RAS	
12	Lee, Lacey	12	St Peters_AC-Broulee Aices	
13	Nepal, Amyra	12	St Phillips-CC-G-AICES	
14	Nixon, Jasmine	12	Lindisfarne Anglican-NCIS	
15	Porter, Mia	12	Belmont-CSSA	
16	Porter, Skye	12	Belmont-CSSA	

Event 158 Girls 13 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 2:30 PM

NSWCIS: 57.75 24/09/2024		Alicia Webb, BAC4		Seed Time
Name	Age	Team		
1	Banks, Isla	13	William Clarke-AICES	
2	Cheung, Zofia	13	Oxley College-ISA	
3	Collins, Emily	13	Macquarie College-AICES	
4	Cook, Millie	13	Bishop Druitt-NCIS	
5	Darlow, Evelyn	13	St M MacKillop_Albury-RAS	
6	Durand, Emmanuelle	13	Central Coast Grammar-ISA	
7	Elphick, Amelia	13	IllawarraCS-CSSA	
8	Grant, Bridget	13	Abbotsleigh-IGSA	
9	Green, Layla	13	Oran Park-CSSA	
10	Haw, Cleo	13	Moama_AG-RAS	
11	Immisch, Summer	13	Lindisfarne Anglican-NCIS	
12	Onslow, Maia	13	Kambala-IGSA	
13	Patten, Ebony	13	Moama_AG-RAS	
14	Popovic, Alina	13	Inaburra-CSSA	
15	Purdy, Scarlett	13	Pittwater House-AICES	
16	Staniforth, Mila	13	Kinross Wolaroi-AICES	
17	Sutton, Evangeline	13	Bishop Druitt-NCIS	
18	Young, Isabelle	13	Ascham School-IGSA	

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Event 159 Girls 14 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 2:30 PM

NSWCIS: 57.94 2019		Paige Campbell, Mamre Anglican School		Seed Time
	Name	Age	Team	
1	Cash, Zoe	14	Inaburra-CSSA	
2	Clifton, Sophie	14	Scots_Albury-RAS	
3	de Grosbois, Tiara	14	Emmanuel Anglican-NCIS	
4	Eddy, Katelyn	14	Moama_AG-RAS	
5	Erickson, Juliet	14	Scots All Saints College	
6	Halpin, Willow	14	Northern_Beaches_CS-CSSA	
7	Immisch, Ayva	14	Lindisfarne Anglican-NCIS	
8	Lyle, Ava	14	Oxley College-ISA	
9	Ma, Maggie	14	P L C Sydney-IGSA	
10	Mansell, Ashleigh	14	Northholm_GS-AICES	
11	Mennie, Hailey	14	Scone_GS-AICES	
12	Patfield, Claudia	14	Wenona-IGSA	
13	Pickup, Valerie	14	Pittwater House-AICES	
14	Salter, Portia	14	Kincoppal Rose Bay-IGSA	
15	Stokoe, Arabella	14	St Andrews Cathedral-ISA	
16	Stone, Laura	14	Moama_AG-RAS	
17	Wilson, Phillipa	14	Inaburra-CSSA	

Event 160 Girls 15 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 2:30 PM

NSWCIS: 57.09 24/09/2024		Keira Carlson, CCS4		Seed Time
	Name	Age	Team	
1	Biasi, Anais	15	Barker College-ISA	
2	Cooke, Piper	15	Dubbo_CS-CSSA	
3	Crawford, Lana	15	Nowra_AC-AICES	
4	Croft, Isla	15	Charlton-CSSA	
5	Davidson, Lyla	15	Loreto Norm-IGSA	
6	Downward, Quinn	15	Moama_AG-RAS	
7	Haley, Ellen	15	Bishop Druitt-NCIS	
8	Payten, Rubina	15	The_Illawarra_GS-AICES	
9	Perkins, Josie	15	Barker College-ISA	
10	Webb, Alicia	15	Broughton_AC-AICES	
11	Wheeler, Georgia	15	P L C Sydney-IGSA	
12	Williams, Chloe	15	St Pauls Grammar-ISA	
13	Wood, Mia	15	Danebank-IGSA	

Event 161 Girls 16 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 2:30 PM

NSWCIS: 55.92 2006		Olivia Tauro, Meriden		Seed Time
	Name	Age	Team	
1	Bennett, Aliyah	16	William Clarke-AICES	
2	Burgum, Violet	16	Belmont-CSSA	
3	Campbell, Erin	16	St Andrews Cathedral-ISA	
4	Dent, Zoe	16	Charlton-CSSA	
5	Godfrey, Grace	16	Roseville-IGSA	
6	Grima, Adelaide	16	Penrith_AC-AICES	
7	Henwood, Jessica	16	Northern_Beaches_CS-CSSA	
8	Hooton, Mia	16	Ravenswood-IGSA	
9	Krajancic, Naomi	16	Pymble Ladies-IGSA	
10	Napier, Skye	16	Kinross Wolaroi-AICES	
11	O'Connell, Isabel	16	Calrossy_AS-AICES	
12	Starritt, Alexandra	16	Moama_AG-RAS	

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Event 161 ... (Girls 16 Year Olds 400 Metre Run)

Name	Age	Team	Seed Time
13 Young, Tessa	16	Barker College-ISA	

Event 162 Girls 17 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 2:30 PM

NSWCIS: 54.30 2005 Jaimee-Lee Hoebergen, Illawarra Cordeaux

Name	Age	Team	Seed Time
1 Abraham, Gloria	17	Australian_CC-MarsdenPk-CSSA	
2 Atkinson, Ava	17	Redlands-ISA	
3 Baker, Gabriella	17	Oakhill College-ISA	
4 Carlson, Keira	17	Central Coast_SC-AICES	
5 Childs, Anna	17	Kinross Wolaroi-AICES	
6 Game, Maddison	17	Pacific Hills_CS-CSSA	
7 Guillergan, Mia	17	Reddam House North Shore-AICES	
8 Hundle, Amber	17	Bishop Druitt-NCIS	
9 Macfarlane, Layla	17	The Armidale School-NCIS	
10 Matar, Lea	17	Greenacre Baptist-CSSA	
11 O'Brien, Poppy	17	Kincoppal Rose Bay-IGSA	
12 Story, Margot	17	Abbotsleigh-IGSA	

Event 163 Girls 18-19 400 Metre Run

Tuesday 22/09/2026 - 2:30 PM

NSWCIS: 58.93 2012 Grace Maher, Ravenswood

Name	Age	Team	Seed Time
1 Baulch, Remi	18	Moama_AG-RAS	
2 Dean, Bella-Rose	18	Carinya_Tamworth_CSSA	
3 Dukes, Mabel	18	St Pauls Grammar-ISA	
4 Jurd, Milla	18	Orange_AGS-AICES	
5 Nicholas, Zara	18	Blue Mtns Grammar-ISA	
6 Osborne, Ivory	18	Wycliffe_CS-CSSA	
7 Robinson, Hannah	18	Casino_CS-CSSA	
8 Siau, Olivia	18	Tangara-AICES	
9 Sutton, Asha	18	P L C Sydney-IGSA	
10 Walsh, Niamh	18	Ascham School-IGSA	

Event 171 Boys 12 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 3:00 PM

NSWCIS: 1:00.15 19/09/2023 Zac Bailey, Calrossy AC

Name	Age	Team	Seed Time
1 Chetcuti, Liam	12	Chevalier College-ISA	
2 Daraphet, Lucas	12	Mt Annan_CC-CSSA	
3 Dawson, Harry	12	St Stanislaus College-ISA	
4 Gandra, Arnav	12	Reddam House North Shore-AICES	
5 Kitching, Oscar	12	St Phillips-CC_C--AICES	
6 Lane-Brown, Ryder	12	St Augustines College-ISA	
7 Lubke, Simeon	12	St Pauls_WW-RAS	
8 Nicholson, Lequintin	12	St Lukes_GS-AICES	
9 Unwin, Dominic	12	Mt Annan_CC-CSSA	
10 Ward, Brodie	12	Bishop Druitt-NCIS	
11 Watson, Zac	12	Wycliffe_CS-CSSA	

Event 172 Boys 13 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 3:00 PM

NSWCIS: 53.64 19/09/2023 Ashton Foley, Charlton SAC

Name	Age	Team	Seed Time
1 Adam, Finn	13	Bishop Druitt-NCIS	
2 Akusaki, Shaun	13	Thomas Hassall_AC_-AICES	

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026

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Event 172 ... (Boys 13 Year Olds 400 Metre Run)

	Name	Age	Team	Seed Time
3	Allende, Maximilian	13	St Pius X College-ISA	
4	Baines, Kynan	13	Wahroonga_Adventist_CSSA	
5	Baltyn, Thomas	13	IllawarraCS-CSSA	
6	Burke, Jesse	13	Clarence Valley-NCIS	
7	Dowsley, Spencer	13	Scots_Albury-RAS	
8	Fletcher, Zane	13	Manning Valley_AC-AICES	
9	Ghali, Felix	13	St Andrews Cathedral-ISA	
10	Graham, Zade	13	Central Coast Grammar-ISA	
11	Mullins, Hugo	13	Reddam House-AICES	
12	Pavett, Nash	13	Green_Point_CC-CSSA	

Event 173 Boys 14 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 3:00 PM

NSWCIS: 52.51 2012

Huw Knox, The Armidale School

	Name	Age	Team	Seed Time
1	Chappidi, Sujai Reddy	14	Rouse_Hill_AC-AICES	
2	Davies, William	14	Riverina_AC-RAS	
3	Douglas, Connor	14	Lindisfarne Anglican-NCIS	
4	Eason, Xavier	14	Oakhill College-ISA	
5	Goldie, Joshua	14	Hunter Valley Grammar-AICES	
6	Kelly, Xavier	14	The Armidale School-NCIS	
7	O'Connell, Finlay	14	Wycliffe_CS-CSSA	
8	Saunders, Harry	14	Moama_AG-RAS	
9	Simiana, Isaac	14	St Pauls Grammar-ISA	
10	Skinner, Josiah	14	Wycliffe_CS-CSSA	
11	Stokes, Jordan	14	Bishop_Tyrrell_AC-AICES	
12	Vale, Tasman	14	St Augustines College-ISA	
13	Way, Fletcher	14	St Pauls_WW-RAS	
14	Wilson, Ollie	14	Emmanuel Anglican-NCIS	
15	Zhang, Jamie	14	Toongabbie_CS-CSSA	

Event 174 Boys 15 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 3:00 PM

NSWCIS: 50.39 2015

Ethan Tegel, The Hills Grammar School

	Name	Age	Team	Seed Time
1	Alford, Joshua	15	Toongabbie_CS-CSSA	
2	Attalh, Alexander	15	Moama_AG-RAS	
3	Bailey, Zac	15	Calrossy_AS-AICES	
4	Bradshaw, Riley	15	St Lukes_GS-AICES	
5	Carlson, Braydan	15	Central Coast_SC-AICES	
6	Hegerman, Aavi	15	St Augustines College-ISA	
7	Manche, Maximilian	15	St M MacKillop_Albury-RAS	
8	Moffatt, Damon	15	Oxford Falls_GS-CSSA	
9	Pringle, Tyler	15	Northern_Beaches_CS-CSSA	
10	Rostami, Adrian	15	Oakhill College-ISA	
11	Ruidiaz, Matias	15	Scots All Saints College	

Event 175 Boys 16 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 3:00 PM

NSWCIS: 48.25 2014

Louis Stenmark, Saint Ignatius College

	Name	Age	Team	Seed Time
1	Baxter, Tom	16	Scots_Albury-RAS	
2	Foley, Ashton	16	Charlton-CSSA	
3	Gregory, Thomas	16	Shellharbour_AC-CSSA	
4	Haines, Ryder	16	The_Illawarra_GS-AICES	

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Event 175 ... (Boys 16 Year Olds 400 Metre Run)

	Name	Age	Team	Seed Time
5	Mervin, Daniel	16	Central Coast Grammar-ISA	
6	Phiyasirikul, Henry	16	Wycliffe_CS-CSSA	
7	Speechly, Joshua	16	St Phillips-CC_C--AICES	
8	Watkins, Charles	16	St Augustines College-ISA	
9	Winter, Luke	16	Rouse_Hill_AC-AICES	

Event 176 Boys 17 Year Olds 400 Metre Run

Tuesday 22/09/2026 - 3:00 PM

NSWCIS: 49.90 2012

Sean Fitzsimmons, St Pius X College

	Name	Age	Team	Seed Time
1	Baker, Isaac	17	Pacific Hills_CS-CSSA	
2	Campbell, Elijah	17	Hunter Valley Grammar-AICES	
3	Cansdale, Tyler	17	William Clarke-AICES	
4	Croft, Oliver	17	Charlton-CSSA	
5	Kimball, Jacob	17	St Augustines College-ISA	
6	Matthews, Jack	17	Coffs Harbour_CCS-CSSA	
7	Miewski, Xavier	17	St Patricks College-ISA	
8	Morgan, George	17	Lindisfarne Anglican-NCIS	
9	Nkanyezi, Joseph	17	Rouse_Hill_AC-AICES	
10	Reardon, Charlie	17	Moama_AG-RAS	
11	Worsley, Finn	17	St Andrews Cathedral-ISA	

Event 177 Boys 18-19 400 Metre Run

Tuesday 22/09/2026 - 3:00 PM

NSWCIS: 49.09 2004

Joel Milburn, Trinity Grammar

	Name	Age	Team	Seed Time
1	Baker, Maximus	18	William Clarke-AICES	
2	Ha, Edwin	18	Norwest_CC-CSSA	
3	Hegerman, Prem	18	St Augustines College-ISA	
4	Mowbray, Oliver	18	Central Coast Grammar-ISA	
5	Rodriguez, Gabriel	18	Macarthur_AS-AICES	
6	Smithson, Samuel	18	Rouse_Hill_AC-AICES	
7	Woods, Luke	18	Pacific Hills_CS-CSSA	

Event 185 Girls 14 & Under 4x100 Metre Relay

Tuesday 22/09/2026 - 3:30 PM

NSWCIS: 50.28 2019

Meriden-IGSSA, Meriden

A Omage, M Lipic-McFadyen, M Ji, E Murphy

	Team	Relay	Seed Time
1	Barker College-ISA	A	
	1) Saxena, Annika 14	2) Grace, Audrey 13	3) Dengate, Amelia 14
2	Calrossy_AS-AICES	A	4) Bailey, Lexie 14
	1) Williams, Amelia 14	2) Ryder, Emily 13	3) Gidley-Baird, Erica 14
3	Cranbrook-ISA	A	4) Brown, Charli 13
	1) Henrici, Emmeline 12	2) Katrib, Tayla 13	3) Rice, Emma 12
4	Inaburra-CSSA	A	4) Brennan-Todd, Kianna 13
	1) Pascoe, Lucinda 14	2) Liang, Maisie 13	3) Popovic, Alina 13
5	Kambala-IGSA	A	4) Walker, Amelia 13
	1) Coulston, Elizabeth 14	2) Fern-Lee, Claudia 13	3) Goldberg, Gia 14
6	Kinross Wolaroi-AICES	A	4) Dusseldorp, Araminta 14
	1) Childs, Jessica 14	2) Hooper, Lara 13	3) Hunter, Ella 12
7	Meriden-IGSA	A	4) Staniforth, Mila 13
	1) Brown, Mia 12	2) Clayton, Ella 14	3) Ehode Arimoto, Soli 13
8	Moama_AG-RAS	A	4) Kumar, Annika 13
	1) Eddy, Katelyn 14	2) Newman, Lylah 14	3) Day, Kirrawai 14
			4) Stone, Laura 14

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026**SOPA****Performance List - Track Afternoon****Event 185 ... (Girls 14 & Under 4x100 Metre Relay)**

	Team	Relay	Seed Time
9	Northern_Beaches_CS-CSSA	A	
	1) Nolan, Annjeli 14	2) Powell, Violet 13	3) Mijas, Madelyn 12
			4) Newton, Emily 13
10	Oxford Falls GS-CSSA	A	
	1) Fletcher, Ellouise 14	2) Whitehead, Lucy 14	3) Cleary, Nevaeh 14
			4) Dunnet, Genevieve 13
11	P L C Sydney-IGSA	A	
	1) Sarah, Scarlett 13	2) Richards, Zara 14	3) Porter, Alice 14
			4) van Uden, Kristyna 13
12	The Illawarra GS-AICES	A	
	1) Greenhalgh, Chloe 14	2) Leung, Ava 13	3) Oxman, Kirra 13
			4) Perry, Emily 14

Event 186 Boys 14 & Under 4x100 Metre Relay**Tuesday 22/09/2026 - 3:30 PM**

NSWCIS: 47.16 24/09/2024 St Phillips-CC_C--AICES, SPC4
H Neville, J Speechly, T Shields, H Land

	Team	Relay	Seed Time
1	Hunter Valley Grammar-AICES	A	
	1) Tanner, Max 14	2) Ryan, William 14	3) Goldie, Joshua 14
			4) Carey, Finn 14
2	Macquarie Ags-Aices	A	
	1) Langley, Aiden 14	2) Medcalf, Drew 14	3) Carey, Ted 14
			4) Scott, Saxon 14
3	Norwest CC-CSSA	A	
	1) Wienholt, Xavier 13	2) Murkins, Isaac 14	3) Cutting, Michael 14
			4) Paygane, Cohen 14
4	Oakhill College-ISA	A	
	1) Eason, Xavier 14	2) Farrell, Chase 14	3) Latu, Daniel 13
			4) Harvey, Aiden 14
5	Rouse Hill AC-AICES	A	
	1) Chappidi, Sujai Reddy 14	2) Dibella, Christian 13	3) Cowper, Zane 14
			4) Hu, Henley 13
6	St Augustines College-ISA	A	
	1) Aquilina, Cruz 14	2) Duncan, Wynn 14	3) Ayres, Emerson 14
			4) Creelman, Toby 14
7	St Pius X College-ISA	A	
	1) Sutherland, Finn 14	2) Calacouras, Joshua 13	3) Allende, Maximilian 13
			4) Crowley, Tadhg 12
8	Toongabbie CS-CSSA	A	
	1) Maksimovic, Luka 13	2) Zhang, Jamie 14	3) Santha-Rajah, Rupesh 14
			4) Xavier, Asher 14
9	Wycliffe CS-CSSA	A	
	1) Johnson, Isaac 13	2) Watson, Zac 12	3) O'Connell, Finlay 14
			4) Skinner, Josiah 14

Event 187 Girls 4x100 Metre Relay Open**Tuesday 22/09/2026 - 3:30 PM**

NSWCIS: 48.89 19/09/2023 Meriden-IGSA, Meriden
A Borg, R Levine, K Krebs, B Locane

	Team	Relay	Seed Time
1	Barker College-ISA	A	
	1) Goodacre, Olive 15	2) Seneviratne, Amalia 15	3) Young, Tessa 16
			4) Afonso, Emily 16
2	Charlton-CSSA	A	
	1) Starkey, Olivia 17	2) Croft, Isla 15	3) Dent, Zoe 16
			4) Archer, Katie 17
3	IllawarraCS-CSSA	A	
	1) Barritt, Sophie 15	2) Howarth, Sophie 16	3) Cheung, Mandy 18
			4) Lobb, Caitlyn 15
4	Meriden-IGSA	A	
	1) Worden, Amber 15	2) Probets, Caitlin 16	3) Ravindra, Prapthi 16
			4) Achike, Olivia 17
5	Moama AG-RAS	A	
	1) Downward, Quinn 15	2) Eddy, Matilda 15	
			4) Patten, Paige 15
6	Newcastle GS--AICES	A	
	1) Waerea, Gabby 17	2) Richardson, Evelyn 16	3) Patmore, Sarah 16
			4) Heslop, Audrey 15
7	Northern_Beaches_CS-CSSA	A	
	1) Hattingh, Amber 16	2) Ashton, Chiara 15	3) Flatt, Charlotte 15
			4) Henwood, Jessica 16
8	Oakhill College-ISA	A	
	1) Baker, Gabriella 17	2) Deane, Marlee 18	3) Everson, Evangeline 17
			4) Matthews, Isabella 17
9	Pymble Ladies-IGSA	A	
	1) Legge-Hughes, Anabella 16	2) Cheng, Florence 13	3) Chiang, Sophie 14
			4) Turner, Molly 14

2026 NSWCIS SECONDARY ATHLETICS CHAMPIONSHIPS - 22/09/2026**SOPA****Performance List - Track Afternoon****Event 187 ... (Girls 4x100 Metre Relay Open)**

	Team	Relay	Seed Time
10	Rouse_Hill_AC-AICES	A	
	1) Cowper, Flynn 17	2) De Souza, Sophia 15	3) Baker, Hannah 15
			4) Lewis, Hanna 17
11	St Catherines-IGSA	A	
	1) Bray, Kristina 14	2) Moore, Charlotte 14	3) Oranje, Eloise 14
			4) Johnston, Jade 16
12	William Clarke-AICES	A	
	1) Scott-Rogers, Olivia 16	2) Bennett, Aliyah 16	3) Roche, Tara 16
			4) Loring, Olivia 15

Event 188 Boys 4x100 Metre Relay Open**Tuesday 22/09/2026 - 3:30 PM****NSWCIS: 42.66 2004****St.Josephs, St Josephs****R.Haggie, S.Cameron, B.Bates, T.Broomhan**

	Team	Relay	Seed Time
1	Maitland_CS-CSSA	A	
	1) Gibson, Cody 18	2) Padmos, Eden 16	3) Padmos, Seth 18
			4) Schneider, Lucas 18
2	Pacific Hills_CS-CSSA	A	
	1) Proudford, Jack 17	2) Tow, Nekiah 16	3) Baker, Isaac 17
			4) Dou, Dmitri 16
3	Redlands-ISA	A	
	1) Mansell, Landon 18	2) Senftleben, Luis 18	3) Benoliel, Daniel 17
			4) Corn, Ashley 17
4	Rouse_Hill_AC-AICES	A	
	1) Laurence, Nathan 17	2) Winter, Luke 16	3) Nkanyezi, Joseph 17
			4) Sawyer, Tristan 17
5	St Augustines College-ISA	A	
	1) Hegerman, Prem 18	2) Kearney, Kye 16	3) Sadler, Kai 17
			4) Wood, Jake 15
6	St Patricks College-ISA	A	
	1) Miewski, Xavier 17	2) Harada, Christian 17	
			4) Roberts, Charlie 17
7	The Illawarra_GS-AICES	A	
	1) Steffen, Arlo 16	2) Do, Leon 17	3) Sommerville, Joe 16
			4) Haines, Ryder 16
8	Tyndale_CS-CSSA	A	
	1) Varnie, Nathaniel 15	2) Chambers, Jamaar 16	3) Evbenaye, Osazemen 16
			4) Imasuen-Brodrick, Jevon 16