

EVENT #	EVENT NAME	TIME	DATE	RECORD HOLDER	RELAY NAMES
NSWCIS - Records					
1	Girls 12 80 Metre Hurdles	12.88	2014	Mia Hemsworth - Abbotsleigh	
2	Boys 12 80 Metre Hurdles	13.47	2017	Max Milani - St Aloysius	
3	Girls 13 80 Metre Hurdles	12.7	2015	Julia Vignes - Pymble Ladies College	
4	Boys 13 90 Metre Hurdles	13.07	2016	James Park - Trinity Grammar	
5	Girls 14 90 Metre Hurdles	12.65	2016	Mia Hemsworth - Abbotsleigh	
6	Girls 15 90 Metre Hurdles	13.1	2016	Emily Britton - Ravenswood	
7	Girls 16 100 Metre Hurdles	14.22	2012	Katrina Hunt - Roseville College	
8	Girls 17 100 Metre Hurdles	14.2	2010	Michelle Jenneke - The Hills GS	
9	Boys 14 100 Metre Hurdles	13.91	2015	Nick Dang - The Kings School	
10	Boys 15 100 Metre Hurdles	13.43	2015	Byron Hollingworth-Dessent - Trinity Grammar School	
11	Girls 18-19 100 Metre Hurdles	14.51	2004	Thalia Amanakis - Tangara	
12	Boys 16 110 Metre Hurdles	15.03	2022	Matthew Hunt - St Pius X	
13	Boys 17 110 Metre Hurdles	14.7	2014	Matthew Wood - Barker College	
14	Boys 18-19 110 Metre Hurdles	14.28	2005	Derek Mansour - Kinross Wolaroi	
15	Boys 12-14 3000 Metre Run	9:05.95	24/09/2024	Logan Hosking - WYF2	
16	Boys 15-16 3000 Metre Run	8:46.21	2015	Lorcan Redmond - St Philips NC	
17	Boys 17-19 3000 Metre Run	8:47.62	2015	Kieran Tall - Barker College	
18	Girls 12-14 3000 Metre Run	9:49.84	2015	Abbey Rockliff - Pymble Ladies College	
19	Girls 15-16 3000 Metre Run	10:04.91	2011	Anna Laman - MLC School	
20	Girls 17-19 3000 Metre Run	9:53.88	2012	Anna Laman - MLC School	
21	Girls 12 High Jump SH 1.20m	1.60m	2015	Emma Sutton - Oxford Falls Grammar	
22	Girls 15 High Jump SH 1.30m	1.74m	2014	Paige Wilson - Frensham	
23	Girls 17 Shot Put 3kg	16.48m	19/09/2023	Xy Beale - Scots Albury	
24	Boys 17 Shot Put 5kg	18.23m	2009	Liam Speers - Newcastle Grammar	
25	Boys 14 Long Jump	6.12m	2017	Joseph Suaalii - The King's School	
26	Boys 15 Long Jump	6.16m	2022	Daniel Okerenyang - Riverina Anglican Coll	
27	Boys 16 Discus Throw 1.5kg	53.39m	2008	Liam Speers - Newcastle GS	
28	Boys 13 Discus Throw 1kg	42.78m	24/09/2024	Aryan Bharati - RHA4	
29	Girls 18-19 Javelin Throw 600grm	46.72m	24/09/2024	Tali Baltineshter - MOR4	
30	Girls 12-15 Long Jump Multi Cla	3.21m	2023	Sophia Lowe F20 (51.69%) - PLC Sydney	
31	Boys 12-15 Long Jump Multi Clc	3.56m	2013	Robert Stott F36 (84.96%) - Central Coast Grammar	
32	Girls 13 Discus Throw 1kg	37.47m	2015	Alysha Pearson - St Pauls Grammar	
33	Girls 16 Long Jump	5.83m	19/09/2023	Tara Hollyoak - St Lukes GS	
34	Girls 17 Triple Jump	12.30m	2012	Josie Nicol - PLC Sydney	
35	Boys 16 Triple Jump	13.56m	2017	Conor Murphy - Trinity Grammar	
36	Boys 13 Shot Put 3kg	16.95m	2016	Matthew Butler - St Andrews CS	
37	Boys 12 Shot Put 3kg	13.91m	2004	Keliti Vaingalo - Newington	
38	Boys 12-15 Shot Put Multi Class ,	8.85m	2016	Benjamin Gulliford F13 (69.35%) - Covenant CS	
39	Boys 15 High Jump SH 1.50m	1.97m	2022	Kurt Michael - St George Christian	
40	Boys 18-19 High Jump SH 1.70m	2.06m	2008	Andrew Doyle - St.Patricks College	
41	Boys 14 Javelin Throw 700gms	49.72m	2007	Curtis Vella - William Carey CS	
42	Girls 12 200 Metre Run	26.34	2022	Rhema Adelaja - St George Christian	
43	Girls 13 200 Metre Run	24.88	19/09/2023	Rhema Adelaja - St George CS	
44	Girls 14 200 Metre Run	24.49	19/09/2023	Maya Taber - Wenona	
45	Girls 15 200 Metre Run	25.03	19/09/2023	Bronte Locane - Meriden	

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46	Girls 16 200 Metre Run	24.1	2006	Olivia Tauro - Meriden	
47	Girls 17 200 Metre Run	24.85	2013	Katrina Hunt - Roseville College	
48	Girls 18-19 200 Metre Run	25.45	2003	Edwinda Clark - PLC Sydney	
49	Girls 12-15 200 Metre Run Multi	48.87	2019	Sarah Clifton-Bligh T32 108.75% - PLC Sydney	
49	Girls 16-19 200 Metre Run Multi	31.5	2013	Chloe Iwanoczko T20 (89.71%) - Pacific Hills CS	
50	Boys 12-15 200 Metre Run Multi	39.79	2012	Illyph Cruiset T35 (85.65%) - Pittwater House	
50	Boys 16-19 200 Metre Run Multi	27.16	2023	Malachi Canning T20 (78.98%) - Blue Hills College	
51	Boys 12 200 Metre Run	23.42	2016	Max Mander - Northern Beaches CS	
52	Boys 13 200 Metre Run	22.88	2016	Godfrey Okernyang - Riverina Anglican	
53	Boys 14 200 Metre Run	22.76	2013	James Kermond - Bankstown Grammar	
54	Boys 15 200 Metre Run	22.11	19/09/2023	Cooper Wilson - Calrossy AC	
55	Boys 16 200 Metre Run	22.12	24/09/2024	Cooper Wilson - CAS4	
56	Boys 17 200 Metre Run	21.85	2013	James Kermond - Georges River Grammar	
57	Boys 18-19 200 Metre Run	21.7	19/09/2023	Zac Urbach - Emanuel School	
58	Girls 13 Shot Put 3kg	12.49m	2018	Alia Levi - Sceggs Darlinghurst	
59	Girls 14 Long Jump	5.62m	19/09/2023	Maiya Hewitt - Shellharbour AC	
60	Boys 15 Triple Jump	13.70m	2005	Ben Hancock - St Pauls Grammar	
61	Girls 18-19 Triple Jump	12.33m	2015	Annabelle Parmegiani - Ascham	
62	Girls 16 Javelin Throw 500gms	48.11m	2022	Tali Baltineshter - Moriah College	
63	Boys 18-19 Discus Throw 1.75kg	44.97m	2011	Evan Jennis - The International GS	
64	Girls 12 800 Metre Run	2:16.10	2017	Jessica Bird - Pymble Ladies College	
65	Girls 13 800 Metre Run	2:17.69	2014	Eliza Harvey - Loreto Normanhurst	
66	Girls 14 800 Metre Run	2:12.94	2009	Courtney Chamberlain - William Clarke	
67	Girls 15 800 Metre Run	2:13.07	2015	Catherine Miller - Pymble Ladies College	
68	Girls 16 800 Metre Run	2:11.95	2018	Imogen Gardiner - Pymble Ladies College	
69	Girls 17 800 Metre Run	2:08.60	2006	Sianne Toemoe - Pymble Ladies College	
70	Girls 18-19 800 Metre Run	2:26.98	2004	Renee Vandenburg - MLC School	
71	Women 12-15 800 Metre Run M	3:56.10	2019	Monica Moore T20(54.10%) - PLC Sydney	
71	Women 16-19 800 Metre Run M	3:05.66	2009	Nicole Harris T38 (91.51%) - Danebank	
71	Men 12-15 800 Metre Run Multi	2:45.06	2023	Jack Gibson T43 (89.28) - Central Coast GS	
71	Men 16-19 800 Metre Run Multi	2:30.40	2010	Daniel Berry T36 (99.72%) - Pacific Hills CS	
72	Boys 12 Long Jump	5.58m	2016	Renato Pane - Newington	
73	Boys 18-19 Long Jump	6.79m	2016	Taiger Cantor - Newington	
74	Boys 14 Discus Throw 1kg	51.76m	2006	Liam Speers - Newcastle Grammar	
75	Boys 15 Javelin Throw 700gms	54.27m	2007	Liam Speers - Newcastle GS	
76	Boys 16 Shot Put 5kg	17.15m	2016	Alexander Kolesnikoff - Trinity Grammar	
77	Boys 13 High Jump SH 1.35m	1.78m	2016	Braden Egan - Southern Highlands CS	
78	Boys 17 High Jump SH 1.70m	2.03m	2010	Miles Cole-Clark - Hunter Valley GS	
79	Boys 12 800 Metre Run	2:13.77	2014	Angus Beer - Newington College	
80	Boys 13 800 Metre Run	2:06.09	24/09/2024	Cristiano Calcarao - SPX6	
81	Boys 14 800 Metre Run	2:02.15	2016	Angus Beer - Newington College	
82	Boys 15 800 Metre Run	1:56.20	2017	Angus Beer - Newington College	
83	Boys 16 800 Metre Run	1:56.40	2006	James Kaan - Oakhill College	
84	Boys 17 800 Metre Run	1:57.40	19/09/2023	Isaac Brooks - Redlands	
85	Boys 18-19 800 Metre Run	2:00.87	2004	Tom Gorman - St Ignatius	
86	Girls 12 Shot Put 3kg	10.35m	2011	Annabelle McDermott - Abbotsleigh	

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87	Girls 12-15 Shot Put Multi Class A	9.48m	2013	Holly Saunders F35 (87.85%)	- Northern Beaches CS
87	Girls 16-19 Shot Put Multi Class A	7.21m	2009	Nicole Harris T38 (71.39%)	- Danebank
88	Girls 14 Shot Put 3kg	13.38m	2008	Romy Ehrlich	- Reddam House
89	Girls 18-19 High Jump SH 1.50m	1.76m	2022	Erin Shaw	- Roseville College
90	Girls 15 Long Jump	5.52m	2005	Ellen Kershaw	- Abbotsleigh
91	Boys 17 Long Jump	6.81m	2014	Alec Diamond	- St Aloysius
92	Girls 16 Discus Throw 1kg	43.91m	2022	Xy Beale	- The Scots College Albury
93	Boys 12 Discus Throw 750g	40.50m	2017	Renato Pane	- Newington
94	Girls 17 Javelin Throw 500gms	52.74m	2013	Mackenzie Little	- Pymble Ladies College
95	Girls 13 Javelin Throw 400gms	40.02m	2018	Karina Bell	- Danebank
96	Girls 12 100 Metre Run	12.92	2022	Rhema Adelaja	- St George Christian
97	Girls 13 100 Metre Run	12.46	2022	Matilda Harrison	- Pymble Ladies College
98	Girls 14 100 Metre Run	12.11	19/09/2023	Maya Taber	- Wenona
99	Girls 15 100 Metre Run	12.06	24/09/2024	Matilda Harrison	- PYM1
100	Girls 16 100 Metre Run	11.99	2006	Olivia Tauro	- Meriden
101	Girls 17 100 Metre Run	11.83	2022	Olivia Inkster	- Pymble Ladies College
102	Girls 18-19 100 Metre Run	11.96	2009	Larissa Pasternatsky	- Abbotsleigh
103	Girls 12-15 100 Metre Run Multi Class A	20.09	2008	Samantha Hawes T35 (101.04%)	- Northern Beaches CS
103	Girls 16-19 100 Metre Run Multi Class A	15.28	2009	Georgia Beikoff T37 (97.84%)	- St Philips Newcastle
104	Girls 15 Discus Throw 1kg	40.51m	2018	Rebecca Casey	- Central Coast Adventist
105	Girls 18-19 Long Jump	5.47m	2018	Louise Cranston	- Mt Annan College
106	Boys 17 Triple Jump	14.05m	2015	Johnathan Hookey	- St Josephs College
107	Boys 18-19 Triple Jump	13.23m	24/09/2024	Brayden Wheeler	- ORP2
108	Boys 14 Shot Put 4kg	15.72m	2017	Thomas Shannon	- Knox Grammar
109	Boys 15 Shot Put 4kg	17.10m	2007	Liam Speers	- Newcastle GS
110	Boys 17 Javelin Throw 700gms	63.53m	2004	Michael Trinco	- Trinity Grammar
111	Girls 16 High Jump SH 1.45m	1.78m	2012	Nicola McDermott	- Green Point CC
112	Boys 12-15 100 Metre Run Multi Class A	16.2	2013	Robert Stott T36 (93.95%)	- Central Coast GS
112	Boys 16-19 100 Metre Run Multi Class A	12.71	2013	Blake Bailey T20 (93.71%)	- St Philips Newcastle
113	Boys 12 100 Metre Run	12.04	2013	James Roach	- Newington College
114	Boys 13 100 Metre Run	11.77	19/09/2023	Ashton Foley	- Charlton CS
115	Boys 14 100 Metre Run	11.34	2017	Godfrey Okenyang	- Riverina Anglican
116	Boys 15 100 Metre Run	10.93	24/09/2024	Epeosi Ugbomhe	- PEN2
117	Boys 16 100 Metre Run	10.83	24/09/2024	Cooper Wilson	- CAS4
118	Boys 17 100 Metre Run	10.51	2012	Joshua Clarke	- The Kings School
119	Boys 18-19 100 Metre Run	10.78	2016	Carl Coorey-Ewings	- Trinity Grammar
120	Boys 14 High Jump SH 1.35m	1.95m	2017	Theo Kidd	- Trinity Grammar
121	Boys 16 High Jump SH 1.60m	2.08m	2004	Simon Cohen	- Maitland C S
122	Girls 15 Triple Jump	12.08m	2018	Alexandra York	- Redlands
123	Girls 16 Triple Jump	11.75m	2006	Kirsten Bannister	- Inaburra
124	Boys 13 Long Jump	6.33m	2017	Donovan Bradshaw	- Barker College
125	Girls 14 Discus Throw 1kg	38.24m	2019	Zoe Daniels	- Wollondilly AC
126	Girls 17 Discus Throw 1kg	50.62m	24/09/2024	Chelsy Wayne	- ICC2
127	Boys 18-19 Javelin Throw 800gr	60.30m	2003	Tim Auty	- The Hills GS
128	Boys 13 Javelin Throw 600gms	52.45m	2006	Curtis Vella	- William Carey CS
129	Girls 12 1500 Metre Run	4:54.35	2016	Montana Monk	- Bishop Tyrrell AC

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130	Girls 13 1500 Metre Run	4:40.97	2016	Nicola Hogg - Abbotsleigh	
131	Girls 14 1500 Metre Run	4:28.71	2015	Abbey Rockliff - Pymble Ladies College	
132	Girls 15 1500 Metre Run	4:25.92	2015	Catherine Miller - Pymble Ladies College	
133	Girls 16 1500 Metre Run	4:37.74	2004	Lara Tamsett - Kincoppal Rose Bay	
134	Girls 17 1500 Metre Run	4:39.21	2012	Anna Laman - MLC School	
135	Girls 18-19 1500 Metre Run	4:37.22	24/09/2024	Jessie Fotheringham - CYT2	
136	Boys 15 Discus Throw 1kg	57.60m	2007	William Sacliotto - Arden Anglican School	
137	Women 12-15 Discus Throw Mul	15.52m	2016	Holly Saunders F35 (90.86%) - Northern Beaches CS	
137	Women 16-19 Discus Throw Mul	18.89m	2022	Isla Gillespie F35 (59.18%) - Pittwater House	
137	Men 12-15 Discus Throw Multi C	26.53m	2014	Corey Anderson F20 (67.13%) - Inaburra	
137	Men 16-19 Discus Throw Multi C	32.51m	2022	Malachi Canning Tf20 (72.99%) - Blue Hills College	
138	Boys 16 Long Jump	6.70m	2017	Benjamin James - Arndell AC	
139	Boys 13 Triple Jump	12.45m	2017	Rowan Tan - Sydney BHS	
140	Boys 14 Triple Jump	12.70m	2016	Godfrey Okernyang - Riverina Anglican	
141	Boys 12 Javelin Throw 600g	27.94m	24/09/2024	Tyler Malizis - GRG4	
142	Girls 12 Javelin Throw 400g	26.28m	2022	Alexis James - Shire Christian School	
143	Boys 12 1500 Metre Run	4:27.86	24/09/2024	Isaac Robinson - SAU6	
144	Boys 13 1500 Metre Run	4:22.54	24/09/2024	Cristiano Calcarao - SPX6	
145	Boys 14 1500 Metre Run	4:12.93	2016	Angus Beer - Newington	
146	Boys 15 1500 Metre Run	4:05.72	2015	Lorcan Redmond - Newcastle Grammar School	
147	Boys 16 1500 Metre Run	4:06.64	19/09/2023	Isaac Beecroft - Oakhill College	
148	Boys 17 1500 Metre Run	4:10.56	2016	Luke Schofield - Sydney Boys HS	
149	Boys 18-19 1500 Metre Run	4:00.24	2014	Charlie Hunter - Central Coast Grammar	
150	Girls 13 High Jump SH 1.25m	1.64m	19/09/2023	Olivia Scott-Rogers - William Clarke College	
151	Girls 17 High Jump SH 1.50m	1.75m	2013	Nicola McDermott - Green Point CC	
152	Girls 15 Shot Put 3kg	13.48m	2014	Kristina Moore - Abbotsleigh	
153	Girls 18-19 Shot Put 4kg	11.37m	2013	Jessica Hough - Tara	
154	Girls 12 Discus Throw 750g	33.67m	2013	Claire Eaton - Abbotsleigh	
155	Girls 14 Javelin Throw 500gms	37.89m	2014	Annika Mountstephens - Pymble Ladies College	
156	Boys 12 Triple Jump	10.64m	2016	Renato Pane - Newington	
157	Girls 12 400 Metre Run	1:01.40	2022	Adelaide Pittis - Orange Grammar School	
158	Girls 13 400 Metre Run	57.75	24/09/2024	Alicia Webb - BAC4	
159	Girls 14 400 Metre Run	57.94	2019	Paige Campbell - Mamre Anglican School	
160	Girls 15 400 Metre Run	57.09	24/09/2024	Keira Carlson - CCS4	
161	Girls 16 400 Metre Run	55.92	2006	Olivia Tauro - Meriden	
162	Girls 17 400 Metre Run	54.3	2005	Jaimee-Lee Hoebergen - Illawarra Cordeaux	
163	Girls 18-19 400 Metre Run	58.93	2012	Grace Maher - Ravenswood	
164	Girls 12 Long Jump	5.30m	2017	Sienna Bond - Pymble Ladies College	
165	Girls 13 Triple Jump	11.36m	19/09/2023	Amalia Bond - Pymble Ladies College	
166	Girls 14 Triple Jump	11.89m	24/09/2024	Amalia Bond - PYM1	
167	Boys 12 High Jump SH 1.30m	1.65m	2004	Keliti Vaingalo - Newington	
168	Boys 16 Javelin Throw 700gms	55.27m	2004	Robert Crawford - Knox Grammar	
169	Boys 17 Discus Throw 1.5kg	56.72m	2009	Peter Stepasiuk - Regents Park CS	
170	Boys 18-19 Shot Put 6kg	22.24m	2003	Henry Mitchell - Knox Grammar	
171	Boys 12 400 Metre Run	1:00.15	19/09/2023	Zac Bailey - Calrossy AC	
172	Boys 13 400 Metre Run	53.64	19/09/2023	Ashton Foley - Charlton SAC	

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173	Boys 14 400 Metre Run	52.51	2012	Huw Knox - The Armidale School	
174	Boys 15 400 Metre Run	50.39	2015	Ethan Tegel - The Hills Grammar School	
175	Boys 16 400 Metre Run	48.25	2014	Louis Stenmark - Saint Ignatius College	
176	Boys 17 400 Metre Run	49.9	2012	Sean Fitzsimmons - St Pius X College	
177	Boys 18-19 400 Metre Run	49.09	2004	Joel Milburn - Trinity Grammar	
178	Girls 13 Long Jump	5.32m	2017	Maddison McIntosh - Penrth Anglican	
179	Girls 17 Long Jump	5.95m	2018	Samantha Dale - Oakhill College	
180	Girls 14 High Jump SH 1.30m	1.65m	2013	Paige Wilson - Frensham	
181	Girls 15 Javelin Throw 500gms	40.79m	2015	Annika Mountstephens - Pymble Ladies College	
182	Girls 18-19 Discus Throw 1kg	40.51m	2014	Larissa O'Dea - PLC Sydney	
183	Girls 16 Shot Put 3kg	14.95m	2022	Xy Beale - The Scots School Albury	
184	Girls 12 Triple Jump	9.76m	19/09/2023	Olivia Loring - William Clarke College	
185	Girls 14&U 4x100 Metre Relay	50.28	2019	Meriden-IGSSA - Meriden	A Oimage, M Lipic-McFadyen, M Ji, E Murphy
186	Boys 14&U 4x100 Metre Relay	47.16	24/09/2024	St Phillips-CC_C--AICES - SPC4	H Neville, J Speechly, T Shields, H Land
187	Girls 4x100 Metre Relay Open	48.89	19/09/2023	Meriden-IGSA - Meriden	A Borg, R Levine, K Krebs, B Locane
188	Boys 4x100 Metre Relay Open	42.66	2004	St.Josephs - St Josephs	R.Haggie, S.Cameron, B.Bates, T.Broomhan