



# 2026 NSW CIS

## Secondary Girls 16 Years and Under Rugby League Trials 2026

*Selection Championships*  
20th May, 2026

The Kingsway Rugby Fields, 7A The Kingsway, Werrington NSW 2747,  
Australia



## Welcome

On behalf of NSWCIS, we welcome students, parents, officials and staff to the Secondary Girls 16 Years and Under Rugby League Trials 2026. Congratulations to every student who is participating today on being selected to represent your school and association.

NSWCIS aims to provide a pathway to state and national level competition. Many CIS athletes have continued through this pathway, leading to higher competition, some as high as the Commonwealth and Olympic Games.

Thank you to all of those involved in making the event possible, and we look forward to positive and successful trial.

## Acknowledgement of Country

In the spirit of reconciliation, NSWCIS acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

## Secondary Girls 16 Years and Under Rugby League Trials 2026 Overview

### **Convenor and Team Manager:**

Convenor: Keisha Waite | Mount Annan Christian College | CSSA

Coach: Glenn Morrison | Central Coast Sports College | AICES

Assistant Coach: Jarrod Lawrence | Mount Annan Christian College | CSSA

Manager: Tracey Elliott | Loreto Normanhurst | IGSA

Trainer: Ash Rosembaum | Central Coast Sports College | AICES

**NSW State Championships:** ASSRL 4th - 9th July 2026 at Coffs International Stadium



## **Secondary Girls 16 Years and Under Rugby League Trials 2026** **Information**

**Date:** 20th May, 2026

**Venue:** The Kingsway Rugby Fields, 7A The Kingsway, Werrington NSW 2747, Australia

**Registration:** 8:30am

Jersey Distribution & Warm up: 9:00am

**Event Start Time:** 9:30am

**Event Finish Time:** 3:00pm

**Event Overview:** Triallists will be placed in Barbarian style teams for match play. At the conclusion of the trials, 20 girls will be selected into the 2025 CIS Secondary Girls 16&U Rugby League Team. The Team List will be uploaded and available to view on the Rugby League Sport page of the CIS website on Wednesday evening.

**What to Bring:** Canteen facilities will be available at the venue with a small amount of hot food.

**What to Wear:** Jerseys will be supplied, however students will be required to bring their own boots, footy shorts, footy socks, mouthguards, any protective equipment such as headgear.

Wet weather protection if raining and warm jackets for sidelines

Tape if required - we will not supply tape, but will have qualified trainers to assist with taping.

NO metal studs to be worn - only moulded blade studs or blade style boots can be worn on the synthetic surface



## General Information

**Selection Note:** Selections are based on the performance of all students on the day.

Areas of performance considered:

- Skills exhibited by the player;
- Fitness level exhibited by the player;
- Performance of the player as a member of a team;
- Attitude and behaviour of player both on and off the court/field;

### **Code of Conduct**

- [CIS Athletes Code of Conduct](#)
- [CIS Officials Code of Conduct](#)
- [CIS Spectators Code of Conduct](#)

### **CIS Team**

There will be a player's levy and mandatory uniform costs associated with competing at the next level. Triallists should ensure they are available to attend the NSW State Championships if selected.

If selected in the CIS team, players are required to attend the two **compulsory training sessions** at Central Coast Sports College:

Sunday 14th June, 9:30am – 2pm

Sunday 21st June, 9:30am – 2pm



## Application Process

<b>1. Nomination</b>	An email has been sent to the parent of any students nominated for a NSWCIS trial. This email will contain information about the event as well as <b>a link to finalise the nomination.</b>
<b>2. Click the Link</b>	<p>Click the link supplied in this email. If you already have a Dash account, this link should automatically log you in to your account, direct you to your application and ask you to select your child.</p> <p>If you have a Dash account but the child has not yet been added, click "Add another child".</p> <p>If you do not yet have a Dash account, go to step 3.</p>
<b>3. Register</b>	If you do not yet have a Dash account, the link you click in the above email will take you to a page which asks you to "Login" or "Register Now". Click "Register Now" and follow the prompts to create your account.
<b>4. Add your Child</b>	Once you have created an account you will be required to add your child to your account. Follow the prompts to create your child, including selecting their school and uploading any necessary medical information. This only needs to be done once per child.
<b>5. Create Application</b>	<p>Once you have completed the above steps you should be free to finalise the application via the "Create Application" button.</p> <p>If you have followed steps 3 and 4 and are no longer on the application screen, you can repeat step 2, or click the link supplied in the blue banner at the top of your Dash account.</p>

**If you are experiencing any technical difficulty processing your application, please contact [support@dashapp.com.au](mailto:support@dashapp.com.au).**



## NSWCIS Merchandise Range

Students who are selected to represent their School and/or Association at a CIS Event are eligible to purchase CIS Merchandise. All merchandise is available online and will be posted to your nominated shipping address. Click the icon below to shop.

**ORDER YOUR  
MERCHANDISE  
ONLINE**

**SHOP NOW**

VALOUR

