



2026 NSWCIS

Primary Girls Rugby 7's

(Trials)

Friday 8 May 2026 | Pymble Ladies' College



Welcome

On behalf of NSWCIS, we welcome students, parents, officials and staff to the 2026 Primary Girls Rugby 7's trials. Congratulations to every student who is participating today on being selected to represent your school and association.

NSWCIS aims to provide a pathway to state and national level competition. Many CIS athletes have continued through this pathway, leading to higher competition, some as high as the Commonwealth and Olympic Games.

Thank you to all of those involved in making the event possible, and we look forward to positive and successful trial/championship/event.

Acknowledgement of Country

In the spirit of reconciliation, NSWCIS acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

2026 NSWCIS Primary Girls Rugby 7's Overview

Convenor: Sam Dick | Lindisfarne Anglican Grammar School | NCIS

Team Coach: Steve Dunn | Lindisfarne Anglican Grammar School | NCIS

Team Manager: Sarah Carter | SCEGGS Darlinghurst | IPSHA

NSWPSSA Championships: Tuesday 1 September 2026 – Wednesday 2 September 2026 – Kiama

N.B. Students must be available to attend the entirety of the NSWPSSA Championships to be considered for selection.



2026 NSWCIS Primary Girls Rugby 7's Information

Trials

Date: Friday 8 May 2026

Venue: Pymble Ladies' College – Avon Road, Pymble NSW 2073

Registration: 9:45am

Event Start Time: 10:00am

Event Finish Time: 12.30pm

Event Overview: The selection trials will consist of a combination of skills and drills followed by a period of game play. 12 athletes will be selected for the CIS Primary Girls Rugby 7s team.

What to Bring: Food / snacks & water, boots and mouth guard.

What to Wear: All triallists should wear their School Sports uniform. No State or Representative uniform should be worn.

General Information

Selection Note: Selections are based on the performance of all students on the day.

Areas of performance considered:

- Skills exhibited by the player;
- Fitness level exhibited by the player;
- Performance of the player as a member of a team;
- Attitude and behaviour of player both on and off the court/field;
- Positions played.

Code of Conduct

- [CIS Athletes Code of Conduct](#)
- [CIS Officials Code of Conduct](#)
- [CIS Spectators Code of Conduct](#)

CIS Team

There will be a player's levy and mandatory uniform costs associated with competing at the next level. The player's levy contributes to the costs of participating in the PSSA Rugby 7s event including venue hire, officials accommodation (if required), officials travel & sustenance, equipment, umpires etc. Triallists should ensure they are available to the NSWPSA Championships if selected.



NSWCIS Merchandise Range

Students who are selected to represent their School and Association at a CIS Event are eligible to purchase CIS Merchandise. All merchandise is available online and will be posted to your nominated shipping address. Click the icon below to shop.

PRIMARY GIRLS
RUGBY 7'S

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VALOUR

