



2026 NSW All Schools Triathlon and Aquathlon Championship SuperSprint Format

Wednesday 25 February 2026 – Individual Events
Thursday 26 February 2026 – Team Events

Sydney International Regatta Centre
Old Castlereagh Road, Castlereagh NSW 2205

Entries

Entries are now open for the 2026 NSW All Schools Triathlon and Aquathlon championship.

Individual and Team Entries

Information on how students from each sector can register for the triathlon and aquathlon events can be found within the “Registration Information” section on the event website.

Event Website Link



<https://app.education.nsw.gov.au/sport/Events/View?eventId=18847>

Event Details

2026 Triathlon – SuperSprint Format Distances

	SWIM	CYCLE	RUN
JUNIORS (12, 13, 14 years) & MULTICLASS	300m	5km	1.2km
INTERMEDIATES (15, 16 years)	400m	10km	1.6km
SENIORS (17, 18, 19 years)	400m	10km	1.6km
RELAYS (All divisions)	300m	10km	3km

2026 Aquathlon – SuperSprint Format Distances

	SWIM	RUN
JUNIORS (12, 13, 14 years) & MULTICLASS	300m	1.2km
INTERMEDIATES (15, 16 years)	400m	1.6km
SENIORS (17, 18, 19 years)	400m	1.6km

Program of Events

Individual Races – Wednesday 25 February 2026	
7:00 – 8:00am	Registration (Triathlon and Aquathlon)
7:00 – 7:15am	Seniors to transition
7:15 – 7:30am	Intermediates to transition
7:30 – 8:00am	Juniors & multiclass athletes to transition
8:30am – 1:00pm	Race times
8:30am	Seniors individual triathlon race start
9:10am	Intermediates individual triathlon race start
10:00am	Juniors & multiclass triathlon individual race start
11:15am	Seniors individual aquathlon race start
11:45am	Intermediates individual aquathlon race start
12:15pm	Juniors & multiclass aquathlon individual race start
1:00pm (approx.)	Presentations (at the conclusion of individual races)

Triathlon Team Relays – Thursday 26 February 2026

7:00 – 8:00am **Registration (All students)**

8:20am – 12:30pm **Race times**

8:20am Junior boys relay triathlon race start

8:50am Junior girls relay triathlon race start

9:30am Intermediate boys relay triathlon race start

10:15am Intermediate girls relay triathlon race start

11:00am Senior boys relay triathlon race start

11:45am Senior girls relay triathlon race start

12:30pm (approx.) Presentations (at the conclusion of relay races)

IMPORTANT NOTE:

In the event of the cancellation of the swim leg, the NSW All schools Triathlon Championship will transition to a duathlon and the NSW All Schools Triathlon team will be selected based on duathlon times and a submitted and verifiable 400m swim time.

Other Notes:

- **There will be a short pre-race briefing approximately 10 minutes before each race.**
- **Race times are subject to change on race day.**
- Races will commence once participants from the previous race are on the bike course.
- Maps of the course can be found on the event website and will be on display at the venue. It is the responsibility of each competitor to be familiar with the course.
- During the relay races, cutoff times will be in place. If swimmers are not out of the water by the cutoff time, the team cyclist will be sent off. If a cyclist has not finished by the cutoff time, they will be taken off the course, and their runner will be sent off.
- Cutoff times will be at the discretion of the event organisers.

Age Eligibility

Age division is determined by the competitor's age as of 31st December 2026:

- Juniors – born on or before 31st December 2012, 2013, 2014
- Intermediates – born on or before 31st December 2010, 2011
- Seniors – born on or before 31st December 2007, 2008, 2009.

Registration and Entry Fees

- Registrations and entry fees must be received by **Wednesday 18 February 2026**.
 - Individual Triathlon entry is **\$60.00** per person (including GST)
 - Team Triathlon entry is **\$75.00** per team (including GST)
 - Individual Aquathlon entry is **\$45.00** per person (including GST)

- Refunds will be at the discretion of each school system.
- All entries must be completed **online**, and **no late entries** will be accepted.
- Due to safety and capacity considerations, entries will be capped for the teams event. Each individual school is permitted to enter a maximum of **five teams per age division and gender** (for example five Intermediate Boys and five Intermediate Girls teams)
- If you wish to enter more teams, please contact your relevant sector convener. Extra nominations will be considered after the closing date should there be capacity.

Multiclass Triathlon & Multiclass Aquathlon Eligibility

To be eligible for the 2026 multiclass triathlon and multiclass aquathlon events, athletes must:

- Be able complete a 300m swim, 5km bike and 1.2km run (triathlon) or 300m swim, 1.2km run (aquathlon) unassisted.
 - Athletes may be assisted in transition, for both the swim to bike transition and the bike to run transition for triathlon and swim to run for aquathlon.
 - Athletes who require a guide will also be considered for entry.
- Have a classification for triathlon or a classification for swimming or athletics with endorsement from a coach (or similar) that the athlete will be able to complete the aforementioned triathlon distances.
- To be eligible to medal at the NSW All Schools championship, athletes will need to meet the [medal eligibility guidelines](#).
- To be considered for selection on the NSW All Schools team to attend the School Sport Australia Triathlon and Aquathlon Championships, competitors must complete each leg of the course and the overall course within the allocated time limits. Cutoff times are as per the below:
 - Swim leg (300m) – 10 minutes
 - Bike leg (5km) – 15 minutes
 - Run leg (1.2km) – 11minutes
 - Overall – 36 minutes
- Should athletes meet these cutoff times, athletes will also need to meet the [eligibility guidelines](#) to compete and medal at the School Sport Australia Championship.

Entry Guidelines

To compete in the NSW All Schools Triathlon, the following [rules and entry guidelines](#) must be followed. Except as mentioned in the NSW All Schools Triathlon rules and entry guidelines, [AusTriathlon competition rules](#) will be followed.

This event is conducted under the [NSW School Sport Unit code of conduct](#).

School Sport Australia (SSA) Championship Information

- The 2026 School Sport Australia Triathlon Championships are to be held in Runaway Bay, Queensland from 16-20 March.
- Students who qualify for SSA Triathlon Championships will be required to be draft legal.
- Students that qualify for the NSW All Schools team will be required to confirm their position in the team on the day. This will include the ordering and payment of compulsory uniform.

Frequently Asked Questions (FAQ)

- Allow 15 minutes to get from the car park to the registration station.
- **All registrations on the day for individual and relay events must be completed by 8:00am**, as the course will be closed after this time.
- No parents, coaches, teachers or friends are permitted at any time in the transition area.
- Race numbers must be worn by competitors during the cycle and run legs of their event.
- Race belts will be available for purchase on the day.
- This event is only for secondary school students.
- Results will be available from www.multisportaustralia.com.au
- Students can compete in both the triathlon and aquathlon events at NSW All Schools but can only be selected to represent NSW in either triathlon OR aquathlon at the School Sport Australia Championship.

Further Information

Further information will be provided via the [2026 NSW All Schools Triathlon and Aquathlon](#) event page.

Photos and updates will be posted on the [NSW All Schools Facebook page](#).

Enquiries

Enquiries should be directed to your school sector convener:

- Combined Catholic Colleges (CCC) – Scott Ashcroft (St Patrick’s College, Campbelltown)
sashcroft@saintpatricks.nsw.edu.au
- Combined High Schools (CHS) – Audine Burnand (Baulkham Hills High School)
audine.burnand@det.nsw.edu.au
- Combined Independent Schools (CIS) – Bruce Thomas (Abbotsleigh)
thomasb@abbotsleigh.nsw.edu.au